

BLAND DIET

Recipe: Combine two parts boiled white rice to one part boiled and strained ground beef, or cooked chicken breast without skin

We also offer Hill's Prescription Diet i/d Digestive Care in wet and dry food as another option for a bland diet.

Feeding instructions:

- Offer small, frequent meals of the bland diet ONLY for 2-3 days
- After 2-3 days, start decreasing the feedings back to animals regular feeding schedule.
- Continue feeding the bland diet for 48 hours after the bowels returned to normal.

If vomiting or diarrhea persists while your pet has been eating the bland diet, or is refusing to eat or drink, **PLEASE CONTACT THE HOSPITAL.**

After 48 hours with normal bowels, begin to gradually reintroduce your pet's regular diet. This change **MUST** be done gradually! Please follow the guidelines as shown below:

- First 2 days, mix 1/4 regular diet with 3/4 bland diet.
- Days 3 and 4, mix 1/2 regular diet with 1/2 bland diet.
- Days 5 and 6, mix 3/4 regular diet with 1/4 bland diet.
- Resume feeding your pet's regular diet.

Please call our office at (610) 948-1014, if you have any questions or concerns during this transition.